

e-ISSN: 3023-7270

# JNCR

Journal of Nursing Care Research

Volume: 1

Issue: 1

Year: 2024



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MEDIHEALTH ACADEMY

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**Dear Readers,**

“Have a heart that never hardens,  
a temper that never tires,  
a touch that never hurts.”

The nursing profession is indispensable to the healthcare system. The roots of modern nursing in Türkiye date back to Florence Nightingale, who provided care to wounded British and Turkish soldiers during the Crimean War of 1853. Although much progress has been made towards becoming a scientific profession since then, there are still steps to be taken in professionalizing the profession and providing evidence-based nursing care. We are honored to present you our journal, “Journal of Nursing Care Research,” which we think is one of these steps and will provide scientific information that will optimize nursing care.

Our journal started publishing in 2024 and published its first issue. We would like to thank our authors, referees, and the editorial team, who contributed greatly to the publication of this issue. This is an important step in sharing current scientific information in the field of nursing and contributes to evidence-based nursing care. The research and review articles and case reports we present to our readers in this issue serve as a guide for nurses’ clinical practice. Our research articles focused on the psychiatric symptom levels of mothers with autistic children, in addition to studies involving nurses examining end-of-life care and psychological well-being levels of intensive care nurses. Another research article concerned the use of traditional and complementary medicine practices by adults. While our review article provides information focusing on harm reduction programs, which is a new approach for our country in combating substance use disorders, the nursing care process for nurses caring for children with autism according to Peplau’s interpersonal relations theory is detailed in our case report. We hope that these articles will contribute to the field of nursing and guide patient care.

The Journal of Nursing Care Research started its journey as a platform on which all national and international academicians and clinician nurses can share their insights, experiences, and innovations. Every step taken in nursing will improve and strengthen our profession and patient care. I invite all our researchers and readers to support our journal and I wish for a beautiful publishing life in which we learn from each other.

**Sincerely,**

**Assoc. Prof. Hilal SEKİ ÖZ, PhD**  
**Editor in Chief**

## **ORIGINAL ARTICLES**

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Determination of attitudes and behaviours towards end-of-life care and psychological well-being levels of intensive care nurses ..... 1-6

*Aktaş, T., Yüksel, A.*

A descriptive study on the depression, anxiety, and stress levels of mothers with autistic children .....7-12

*Al-Graiti, R. H. A., Seki Öz, H.*

Determining the use of traditional and complementary health practices by adults during the COVID-19 pandemic .....13-19

*Uyar, G., Demir, G., Erbesler, Z. A.*

## **REVIEW**

---

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A preventive mental health service for substance use disorder: harm reduction..... 20-23

*Gedik, İ.*

## **CASE REPORT**

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Nursing care of a child with autism spectrum disorder and family according to Peplau's theory of interpersonal relations: case report..... 24-28

*Söyünmez, S., Söylemez, N. M.*